

# Gladwin Grow & Grills



**Beaverton Activity  
Center  
Ross Lake Room  
July 29th  
11:00 a.m. - 12:00 p.m.  
106 Tonkin St.  
Beaverton, MI 48612**

**Trail Safety, Stocking Your First Aid Kit and Healthy Hydration**

**MyMichigan Health's Community Education Department is  
bringing you a series of informative and delicious events  
this summer!**

Join us to discover your new favorite healthy treat and learn something new!. Events will be held in the Beaverton Activity Center. Each month, new topics and treats will be presented by MyMichigan Health Community Education and the Gladwin Conservation District. This is a free, family friendly event. Pre-registration is required. Bring a friend!



To register, visit [www.mymichigan.org/growandgrill](http://www.mymichigan.org/growandgrill)  
or call (800) 395-1355