



“Find your flow, free your soul!”

**Join us for another 6-Week Class beginning Monday,
March 9th - April 13th, 2026**

10:00 - 11:00 am

Multi-Purpose Room (Beaverton Activity Center)



**Save money by pre-paying
at 1st class.
Six (6) classes only \$45.00
or \$10.00 drop-in (per
class)**