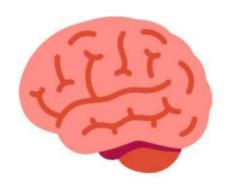


## Monday, August 25<sup>th</sup> 6-7:00pm

## Beaverton Activity Center, Cedar River Room



## FOOD FOR THOUGHT

Boost Memory, Mood, and Clarity

A sharp mind starts at the table.

Explore how simple, nourishing choices can protect your brain and enrich your years ahead.

RSVP by texting (989) 418-0714 or selecting "Going" on the Facebook event!