



**BE STRONG,  
BE FIT, AND  
BE HEALTHY  
WITH US**

**JOIN KAREN KEELEY FOR HER  
FIRST CLASS OF 2024.  
HELD IN THE  
BAC MULTI PURPOSE ROOM  
JANUARY 2, 9, 23 & 30, 2024,  
& FEBRUARY 6 & 13, 2024.  
NO CLASS JANUARY 16, 2024.  
\$30 - 6 CLASSES  
OR  
\$5.00 DROP-IN PER CLASS**