



Silver Sneakers membership form:

PLEASE PRINT:					
Name:	MI	Last			
Address:		_ City:	5	t	Zip:
Date of Birth	Phone:	·	Cel	l:	·
Email address:			_		
Emergency Contact:					
16-digit member no					
Insurance Carrier:					
HEALTH HISTORY:					
Heart Condition			Yes	No	
Chest Pain			Yes	No	
High Blood Pressure (over 140	/90)		Yes	No	
Pregnant			Yes	No	
Uncontrolled Asthma or Other Lung Condition			Yes	No	
High Cholesterol			Yes	No	
Controlled Asthma			Yes	No	
Faintness or Dizzy Spells			Yes	No	
Smoke			Yes	No	
Arthritis or Other Joint Cond	ition		Yes	No	
Diabetes			Yes	No	
Osteoporosis or Other Bone Condition			Yes	No	

CONDITIONS OF MEMBERSHIP

All members are required to present a current, valid Silver Sneakers membership card for identification when using the Beaverton Activity Center facilities. Membership cards are not transferrable. Allowing another person to use your card could result in immediate termination of your membership. As a member of the Beaverton Activity Center, you agree to follow the policies, procedures and appropriate behaviors for the safety and comfort of all members and guests.

HOLD HARMLESS STATEMENT

Member specifically assumes all risks of injury arising out of his or her presence on or about the premises, or his or her use or intended use of equipment of facilities, or his or her participation in the activities of the Beaverton Activity Center, a Michigan corporation, on or about the premises and does hereby for himself or herself, his or her heirs, executors and administrators waive, release and agree to hold free from all claims for damages, the Beaverton Activity Center corporation, and its respective officers, directors, Board of Directors, members, employees or agents.

I have read, understand and agree with the Conditions of Membership and Hold Harmless Statement above. In addition, I understand and agree that the Conditions of Membership and the Hold Harmless Statement are in effect throughout my membership with the Beaverton Activity Center. I understand and agree that if the membership is interrupted for any reason, these agreements will remain in effect during the period of interruption as well as after the membership is reinstated.

Print Name:	Signature:
Date	